



HERE'S THE PITCH!

The Grand Lake Mariners youth baseball camp will be conducted by the coaching staff and the Mariners' players. This camp will be a "teaching camp" where the emphasis is on learning proper technique and fundamentals. Each participant will be grouped by age and will be taught a series of drills and game like situations.

Hitters will learn proper grip, stance/set-up, balance, stride, weight transfer, hip rotation, linear movement, path of swing, top hand/bottom hand, swing plane, contact points, extension, finish, pitch recognition, bunting, mental approach and situational hitting.

Pitchers will learn proper mechanics, stretching, grips, arm action, wind-up and stretch, pick-offs, holding runners, breaking ball, fielding drills (pfp), arm care, long toss, mental approach, throwing progression, bullpen set-up and location catch.

Catchers will learn proper stance, signs, receiving, framing, blocking, throwing technique, quick hands, fielding bunts, tag plays, pop-ups, mental aspects, dealing with umpires and game like situations.

Fielding will cover stance, approach, ground balls, fly balls, slow rollers, angles, throwing, transfers, backhands, double play feeds and pivots, tag plays, bunt coverage, 1-3 situations, rundowns, cut-off/relays, pop-up and fly ball communication and more.

AGES: 8-14 years old
 DATES: June 19, 2017 (Hitting/Pitching/Fielding)
 June 20, 2017 (Hitting/Pitching/Fielding)
 ***Rain Dates are June 21 & 22
 TIMES: 10:00 - 2:00 pm (Check in at 9:30)
 COST: \$45.00 (\$55 day of camp)
 LOCATION: Eastview Park, Montgomery Field
 Celina, Ohio
 MORE INFO: (419)733-2115

Mariner Coach Christopher O'Neill & Assistant Coach Wes Germain

HATS will be available at camp for 1/2 price - \$10

PLAYER CHECK LIST

- Baseball / Sweat Pants
- Baseball Cleats
- Bat/Batting Gloves
- Baseball Cap
- Water will be provided
- Light Lunch or Snack

Complete, detach and return this form with payment to:
 Grand Lake Mariners, P.O. Box 203, Celina, Ohio 45822

MAKE CHECKS PAYBLE TO: Grand Lake Mariners

Waiver: I hereby release and exonerate and discharge the Grand Lake Mariners Baseball Club, it's employees from any injuries incurred in the Camp or while traveling to or from the Camp. I agree to hold the Grand Lake Mariners Baseball Club, and it's employees, sponsors or agents harmless for any liability arising out of any good faith actions taken in seeking and obtaining medical care and treatment for the named minor (your son or daughter). I certify that my child is in good physical condition and can partake in the daily schedule of events.

 Parent or Guardian Signature

 Date

PLAYER NAME _____ AGE _____

Email _____ PHONE _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____



Shirt Size (Please Circle Preference): Youth: **S M L XL** Adult: **S M L XL**

A check or money order MUST accompany this registration form to secure a spot at the camp.